





## Average Weight Loss 10.43 Pounds – 12/9/2011\* (continued)

Person Number	Baseline Wt. (lbs) <i>A1c</i>	Week 1 Wt. (lbs) SS**	Week 2 Wt. (lbs) SS**	Week 3 Wt. (lbs) SS**	Week 4 Wt. (lbs) SS**	Week 5 Wt. (lbs) SS**	Week 6 Wt. (lbs) SS**	Week 7 Wt. (lbs) SS**	Week 8 Wt. (lbs) SS**	Week 9 Wt. (lbs) SS**	Week 10 Wt. (lbs) SS**	Week 11 Wt. (lbs) SS**	Week 12 Wt. (lbs) SS**	Net Loss <i>End A1c</i>
13	239	237.1	235.7	235.5	233.8	235.8	233.5							-5.5 lbs
	<i>A1c 6.5</i>	7.9	8.4	7.2	8.7	5	10.3							
14	<b>201</b>	<b>203</b>	<b>203</b>	<b>203.2</b>	<b>204.2</b>	<b>203.1</b>								-0 lbs
	<i>A1c 6.9</i>	<b>3</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>9.1</b>								
15	186.6	183	181.5	180	180	179								-7.6 lbs
	<i>A1c 7.0</i>	11.6	9.5	10.5	9	9								
16	<b>236</b>	<b>223</b>	<b>219.6</b>	<b>219.8</b>	<b>217.6</b>	<b>214.4</b>								-21.6 lbs
	<i>A1c 6.0</i>	<b>18</b>	<b>8.4</b>	<b>5.8</b>	<b>8.2</b>	<b>10.2</b>								
17	278	278	270	269.6	269.6	268.2								-9.8 lbs
	<i>A1c 7.0</i>	8	17	5.4	11	12.4								
18														
19														
20														
21														
22														
23														
24														

\*12/9/2011 – Data gathered to date

\*\*SS = SUGAR SCORE™

\*\*\*Participant reports new scale being used

\*\*\*\*Participant reports flu-like illness